

# **JUNIOR SAILING HANDBOOK**



**2010**

# **BEVERLY YACHT CLUB**

**99 WATER STREET      P.O. BOX 181**

**MARION, MASSACHUSETTS 02738-0181**

[www.BeverlyYachtClub.org/jsp](http://www.BeverlyYachtClub.org/jsp)

Junior Clubhouse (508)748-1737

Stefano Pacini, Junior Sailing Committee Chair

Becca Thomas, Junior Sailing Program Director

## ***ORDER OF CONTENTS***

Staff

BYC Junior Officers

2010 Program Calendar

Daily Class Schedule

Mission Statement

Program Goals

Student Placement

Health & Safety

Responsibility – Code of Conduct

Program Description and Class Goals

Weekly Racing Opportunities

Comments, Suggestions & Issues

Boat Borrowing Policies

420/Opti Boat & Equipment – Regattas

Junior Regatta

Regatta Equipment List

Regatta Agreement Form 2008

Additional Program Activities

Junior Membership Charging Privileges

Perpetual Trophies

Annual Trophies

Selection of Junior Instructors

BYC Junior Officers

Junior Sailing Committee

## **STAFF**

**Program Director:** Becca Thomas  
**Email Address:** prgm.mgr.byc@gmail.com

**420 Race Coach:** Fred Strammer  
**Opti Race Coach:** Tommy Fink  
**Opti Green Fleet Coach:** Allison Moorhead  
**Laser Coach:** Jacob Denney

**Senior Instructors:** Amie Kelleher  
Christina Johns  
Emily Mitchell

**Junior Instructors:** Carolyn Petrie  
James Mock  
Kimberly Bolick  
Kaitlin Denney

## **BYC JUNIOR OFFICERS**

**Commodore:** Andrew Godfrey  
**Vice Commodore:** Stephanie Carroll  
**Rear Commodore:** Camden Tougas

## **2009 PROGRAM CALENDAR**

**June 20** Kick-off Dinner (Dinner 5:30 P.M., Meeting 6:30 P.M.) Dinner reservation required.  
**June 21** Session I Begins  
**July 4** Junior Program float in the parade  
**July 19** Session II Begins  
**August 16** BYC Junior Regatta check-in  
**August 17 & 18** BYC Junior Regatta  
**August 19** Junior Cups & Flags (Dinner 5:30 P.M., Awards Ceremony 6:30 P.M.) Dinner reservation required.



## 2010 BYC RACE TEAMS REGATTA SCHEDULE

### Lasers

New Bedford	July 10-11
Edgartown Regatta	July 15-17
Stone Horse Laser	July 24
Hyannis Regatta	July 30-August 1
Buzzards Bay Regatta	August 6-8
Beverly Jr. Regatta	August 16-18

### 420s

New Bedford	July 10-11
Edgartown Regatta	July 15-17
Vineyard Haven Regatta	July 26-28
Hyannis Regatta	July 30-August 1
Buzzards Bay Regatta	August 6-8
CJ Buckley Team Race	August 9-11
SMSA Team race Champs	August 14-15
Beverly Jr. Regatta	August 16-18

### Advanced Optimist Racers

New Bedford	July 10-11
Stone Horse Opti Regatta	July 12
Edgartown Regatta	July 15-17
Duxbury Bay Junior Regatta	July 24-25
Wianno Optimist Invitational	July 28-29
Optimist New Englands	August 2-5
Beverly Jr. Regatta	August 16-18

### Beginner Optimist Racers

New Bedford	July 10-11
Stone Horse Opti Regatta	July 12
Edgartown Regatta	July 15-17
Duxbury Bay Junior Regatta	July 24-25
Wianno Optimist Invitational	July 28-29
Optimist New Englands	August 2-5
Beverly Jr. Regatta	August 16-18

## ***MISSION STATEMENT***

The Mission of the BYC Junior Sailing Program is to instill a life long love of sailing while providing the fundamental skills necessary for participants to advance in the sport as far as their desire, skill and hard work may take them.

The program will provide a current and effective curriculum, developing skilled and self-reliant sailors who will respect others, care for their equipment and the marine environment and will help fellow sailors on and off the water

The program will focus on seamanship, sportsmanship, and sailing skills from learn to sail fundamentals to competitive racing.

## ***PROGRAM GOALS***

The primary goals of the Program are:

1. Provide training in all aspects of sailing, both racing and recreational.
2. Create a fun and safe atmosphere in which young sailors participate.
3. Develop sportsmanship, integrity, and interpersonal skills.
4. Develop a respect for the ocean and the elements.
5. Learn and incorporate seamanship and safety.
6. Instill responsibility for boats and equipment.

To accomplish these goals we need the help and active cooperation of the sailors, parents, staff, committee, and friends.

## ***STUDENT PLACEMENT***

All returning sailors to the BYC Junior Sailing Program will be placed in accordance with the recommendations of the staff from the previous year. You must talk with the placement coordinator listed on the application if you have an issue with your child's placement. If a student is incorrectly placed, changes will be made at the beginning of the season based on the skills demonstrated by the sailor to the instructor.

Placement is based on sailing skill, attitude, comfort and the discipline of each sailor. Requests for placement changes during the sailing season should be addressed with the individual instructor and the Program Director. Class time is not the appropriate time or place for this discussion. Please do not communicate with your child's instructor while they are teaching the class.

## ***HEALTH & SAFETY***

The BYC Junior Sailing Program is certified annually by the State Department of Public Health and meets all Massachusetts regulatory compliance criteria.

The BYC Junior Program has in effect a complete Health Care Policy regarding the care of mildly ill sailors and the administration of emergency care. This policy is reviewed by all Junior Program staff and is available to all parents to review at their request.

In order to ensure the safety and learning of all BYC Junior Sailing Program participants, everyone must follow the program rules and procedures. BYC cannot tolerate any behavior that would jeopardize the safety of the participant, other campers, instructors, or other members of the community. We reserve the right to dismiss any child from the program, without refund, for failure to comply with our rules, policies and procedures.

## **ATTENDENCE:**

Policy **REQUIRES** parents to inform BYC Junior Program staff if their child is not attending a scheduled class. Please call the Junior Clubhouse at (508) 748-1737 before the class meets. A reasonable effort will be made by the staff to contact parents if a child does not show up for a scheduled class when a parent has not called. This will help maximize the students' time on the water with their instructors, who would otherwise be waiting for absent sailors to arrive.

### **BYC Instructors are responsible for sailors during class time only.**

The Junior Sailing Program is mandated to operate under very specific State Camp Regulations. For this reason, at the end of each class, sailors may only be released to a parent or a parent-designated individual. A parent-designated individual must be identified in writing using a form available in the Junior Club House. Alternatively, the form can be downloaded from the Junior Program page of the web site. BYC is required to enforce the regulation regarding end-of-class pick-ups. Please understand and respect this requirement, being sure that that you or a parent-designated individual pick your child(ren) up **PROMPTLY**.

## ***EQUIPMENT:***

**1) Life Jackets (PFDs)** - Every sailor in the Program must provide and properly wear an appropriate U.S. Coast Guard approved life jacket at all times while on the water and docks. The jacket must be in good condition, fit properly (too big is as bad as too small), and have an attached whistle. Jackets should be made of a bright color, and be well labeled with the sailor's name.

**2) Shoes** - Shoes are required on the docks and in the boats. Aqua socks work well, or canvas sneakers. Open toe Texas or sandals are **NOT OK**, as the straps get tangled in the boats, and toes are not protected.

**3) Water** – Please bring a water bottle to class each day, labeled with your name.

**4) Sun Protection** - Sunglasses, hats, sunscreen (SPF 15 or higher), and long-sleeve shirts are strongly recommended for all sailors.

### ***SAFETY REQUIREMENTS TO SAIL IN THE PROGRAM:***

**1) Swim Test** - Comfort *in the water* is a fundamental part of safe sailing. All junior sailors, regardless of age or number of years in the Program, are required to take a swim test. Sailors must be able to swim 75 feet and tread water for one minute **WITHOUT** buoyancy aids. Swimmers are then asked to put on their life jackets while in the water to test buoyancy. The test will take place on the first day of class.

**2) Medical Form** – No child will be allowed to sail without a current medical form on file including an up-to-date immunization record, a physical performed within the last 24 months and a signed medical release form. This is a State regulation as well as a Club requirement

### ***ILLNESS OR INJURY:***

- 1) Any sailor complaining of mild medical discomfort or injury shall be escorted back to the Clubhouse.
- 2) The staff shall assist the sailor until the discomfort ceases.
- 3) A parent or emergency contact will be notified if the discomfort continues or of an injury.
- 4) No medication will be administered by BYC Staff. Medications such as Epipen and asthma inhalers may be self-administered by sailors if, and only if, permission is documented on the medical release form signed by parents.
- 5) The emergency 911 system is in effect.

**SAILS AS SIGNALS:** Removing the sprit pole on an Optimist or a lowered main on a 420 indicates that you are in need of help. Please be sure to respect these signals when out on the water.

**INSTRUCTORS:** Our instructors are all US Sailing Small Boat certified (which requires a 4-day senior instructor course), and have CPR and Basic First Aid certification. They are a talented, experienced and capable team with a great love for the sport.

Staff screening: Under State law, BYC is required to conduct criminal (CORI) and sexual (SORI) background checks on all BYC staff, including those in the Junior Sailing Program. These reports are available and parents have the right to review them at their request.

Pursuant to Massachusetts regulations for summer camps, background checks are done on all staff, and health care information is required for all personnel – staff and sailors.

## ***RESPONSIBILITY - CODE OF CONDUCT***

Cooperation, teamwork, and sportsmanship are all cornerstones of our Program. Sailors, instructors, staff and parents all work together to foster a community of sportsmanship and instruction.

The Beverly Yacht Club expects positive behavior at all levels, while at the Club and while representing the Club at other events. Exemplary behavior is necessary to guarantee a safe and positive environment where everyone can learn and grow.

Failure by sailors, instructors, staff or parents to behave in a proper manner could result in dismissal from the Program.

The use of alcohol and/or drugs will not be permitted. If you are using a Club-owned boat at an event, you are considered to be representing the Club and as such, should behave accordingly. Improper conduct with regards to under-age drinking and the use of illegal drugs will result in dismissal from the Program.

Children are the responsibility of instructors only while in class. When borrowing a boat outside of class time there will be NO instructor supervision. Those who remain at the Club out of class and negatively impact other Club members will be asked to leave the premises.

Pursuant to applicable Massachusetts regulations, the goal of discipline is to protect the group and the individuals within it. Expressly prohibited are corporal punishment and cruel and severe punishment.

# PROGRAM DESCRIPTION AND CLASS GOALS

## 2010 Class Descriptions

### *Harbor Mice*

This is a new class for 5-7 year old children. There will be 2 sailors to an Opti and we will also be using the Nomad. The goal of this class will be to give younger children the fundamental skills of sailing as well as begin to foster confidence and comfort out on the water in a fun, safe environment. The class will meet 6 hours a week with time split between being on the water and on-shore activities.

### **Level 1 Opti (formerly Opti Green)**

This class sets the foundations of safety, seamanship, and sportsmanship. You must be at least 8 years old to take this class. Sailors begin learning to sail independently under close supervision and if needed with a Jr. Instructor. This curriculum utilizes a variety of fun games, and skill building exercises to build confidence and skill. Games, both on and off the water, and nomenclature are important parts of this class. To move out of Opti Level 1 the following year, a sailor must demonstrate to the Instructor sufficient comfort and proficiency in sailing alone.

### **Level 2 Opti (formerly Opti Blue)**

Opti Level 2 sailors are continuing to build confidence and skill while sailing independently (alone). Building confidence by improving steering/sail control, surroundings recognition, and capsizing recovery is the basis of this level. This curriculum also utilizes a variety of fun games, and skill building exercises to increase confidence and skill levels. Completing this class represents a significant advancement in sailing level, sailors often spend two seasons in Opti Level 2.

### **Opti Green Fleet Racing (formerly Opti Yellow)**

In this intermediate/advanced sailing class proper boat handling skills are emphasized including basic right-of-way rules, maneuverability, and sail trim for speed. This is the beginning racing class that will participate in Opti Green Fleet events within SMSA. Opti Green Fleet Racing is an important step for sailors as they develop the skills necessary for a secure comfort level in the boats and begin racing. A coach will travel with the team, but parents are expected to accompany their racers when traveling.

### **Level 1 Adventure Sailing (formerly Opti Red)**

Level 1 Adventure is the advanced level, non-racing oriented class. Sailors who prefer the recreational or adventure side of sailing choose Level 1 Adventure. Proper sailing skills are emphasized during weekly sailing adventures and voyages. As with all of the Opti classes, variety, fun, and skill building are the core of the curriculum. Level 1 Adventure sailors generally remain for one season before moving on to 420-1. Adventure

sailors will have the opportunity to sail a variety of boats including Optis, 420s and the Nomad as well as some of the larger cruising and racing boats in Marion.

### **Opti Race Team (formerly Opti White)**

This is the advanced Opti class for the sailors who are eager to compete. An experienced and certified racing coach trains the racers in racing tactics/strategies; boat handling drills, tuning techniques, and the basics of racing. Most sailors on the Opti Race Team compete throughout the season, on various levels, from local to national. The Coach travels with the team, but parents are expected to accompany their racers when traveling. Members of the Opti Race Team are encouraged to have their own boats so they are responsible for the maintenance of a single opti during the race season that isn't used by other students. Boat ownership is not a requirement for this class, club optis may be used but not exclusively by one sailor.

### **Lasers**

As Laser participation has grown, the Junior Program is continuing to offer a formalized Laser class for sailors interested in continuing in a single-handed dingy. This class is designed to improve Laser specific sailing techniques. BYC has only 2 lasers so sailors who are interested in this class will need to provide their own boat.

### **420-1**

This course is for beginning 420 sailors. The goal is for sailors to become confident and safe in the 420. Basic boat handling skills will be developed, as will skipper/crew relations, and sail trim. Other boats may be used to foster this group's skills.

**Permission of Instructor or 110-pound weight minimum required.**

### **Level 2 Adventure Sailing (formerly 420-2)**

Level 2 Adventure is non-racing oriented class. This course is for intermediate 420 sailors. The goal is for sailors to become proficient in the handling of a 420, which entails an introduction to trapeze and spinnaker skills, refining sailing skills, and sail trim. Level 2 Adventure sailors may remain in this class for more than one season before moving on to 420 Green Race.

### **420 Green Race (formerly 420-3)**

This course is for those 420 sailors who are ready to compete at the occasional regatta, but still have a need to further develop their skills prior to being selected for the Race Team. An experienced coach trains the sailors in racing tactics/strategies, boat-handling drills, tuning techniques, and the basics of racing. The goal is to continue sailing the 420s with racing in mind. Coaches will accompany racers to regattas. Parents are expected to help transport racers and equipment.

### **420-Race Team**

Sailors are selected for the 420 Race Team by the coaches and Program Director. Both the A and B racing teams are formulated out of this class. These teams travel and

compete at regattas and team races in the region. Coaches will accompany racers to regattas. Parents are expected to help transport racers and equipment.

We are continuing to work on the schedule in order to provide as many sailing hours as possible within the limitations of fleet sizes and instructor availability. The final schedule will be enclosed with registration materials.

The cruise committee is in the process of planning a kid's cruise to take place at the beginning of the season. The hope is to get as many kids as possible on a cruising boat for a fun overnight. Stay tuned for details.

Finally, our program would benefit from increasing participation from both member's and non-member's children. If you know of any member's or non-member's children who would like to participate in our Junior Sailing Program please have them contact the Club.

### ***PRIVATE LESSON POLICY***

Private lessons may be arranged during the season only by participants in the Junior Sailing Program needing extra instruction and is dependent upon the availability of instructors and boats. All lessons must be arranged through the Program Director and will be billed to your BYC account.

### ***RACING OPPORTUNITIES AT BYC***

#### **Junior Monday Evening Racing**

Junior racing this summer will take place on Monday nights instead of Tuesday. The race teams do not have practices scheduled for Monday afternoon so the committee is hoping that more racers will participate in the Monday night races. There will be trophies awarded at Junior Cups and Flags for each session of racing. The Opti Green and 420 Green teams are also encouraged to participate in these races.

The BYC sailing instructors run a fun, instructional Monday evening race event geared toward building kids racing skills. Optimists, 420s, Lasers, Laser Radial all race in the outer harbor. Junior Sailors in Opti Green and Opti Race will have a separate starts on the Opti Course. Laser including Laser Radial and 420 will have separate starts on their course. Club boats may be used for these races with permission of the Program Director. This is a wonderful way to build confidence in young racers and provides practice for racers. Parental help and encouragement on the race course is always welcome. Specifics will be announced by the instructors and posted at the Junior Clubhouse.

New this year, after racing the club's front lawn will host a Junior Sailing BBQ. It is a BYO-BBQ event. The club will provide grills. Parents, bring the whole family, this is a great chance to meet new members and catch up with old friends!

### **Annual Charles A. R. Pickles Wacky Race**

The Charles A.R. Pickles Wacky Race is the last race of the Junior Monday Evening Races and it is designed and implemented by the BYC Instructors to improve racing skills while having the most fun on the water.

### **Wednesday Night, Thursday Night, and Saturday Racing**

Junior sailors are welcome to participate in Club fleet racing. Crew is often needed, and arrangements can be made informally at the Club. Put your name on the bulletin board if you are interested in a slot.

## **COMMENTS, SUGGESTIONS & ISSUES**

Please remember that the Junior Sailing Program is the responsibility of volunteers; we try our best and your constructive input can help make the Program a greater success.

We are always trying to improve the Program. We welcome all compliments, suggestions, criticisms, and complaints. Problems need to be addressed as early as possible. Complaints or suggestions should be made, or at least followed up, in writing. Having comments in writing helps us to address the issue fully. Your comments should be addressed to the Junior Sailing Committee Chair. At the discretion of the Chair, issues may be referred to the Junior Sailing Committee or the Council for resolution.

Bring your day-to-day concerns about classes, racing, or teaching methods to the Program Director. Please understand, our instructors have been directed to walk away from any "conversation" that they feel becomes inappropriate or uncivil in nature, and to report the incident to the Program Director and Chair. It is difficult for our instructors if anyone tries to address the needs of any one sailor during class time. This takes away from the group. Please try to address your personal concerns when the instructor or Program Director does not have other duties.

## **BOAT BORROWING POLICIES**

In general, boat borrowing policies are governed by Waterfront Rule #18 in the BYC 2010 Yearbook. Rule #18 states:

*Club-owned boats may only be operated by members, staff and other individuals with the prior permission of a Flag Officer or the Club Manager, Waterfront Director or Junior Program Director and completion of the appropriate sign-out/sign-in form.*

What does this mean to you as a Junior member?

- 1) When a boat is not in use by the Junior Program, it is available at no charge for extracurricular sailing within Sippican Harbor both originating and ending at the Club, and for regattas approved by the Program Director.
- 2) At all times, while you are in possession of a Club boat, you are responsible for the boat and your crew.
- 3) You must sign a boat out before use and sign it back in after use at all times. A sign out sheet will be available at the Junior Club House.
- 4) The care and maintenance of the Club boats is essential to the functioning of the Junior Sailing Program. Those who use Club boats are responsible for the replacement of lost or neglected items. The Program will purchase any replacement items needed and bill the appropriate person.
- 5) Boats **MUST** be returned in working order. If damage occurs, please fill out a damage report and notify the Program Director.
- 6) Boats will not be available on any basis for transportation to another location for recreational sailing other than an activity/event sanctioned by BYC officers.
- 7) In all cases, use of Junior Program boats for other than program activities must not conflict with those activities.
- 8) There must be strict adherence to the requirement that a (Junior) member be in the boat at all times to ensure compliance with the requirements of insurance coverage.
- 9) Boats for the Junior Series will be distributed by lottery. All juniors and other interested sailors should place their names on the list. Those not receiving boats for a given week will have first priority for the following week's races. If a boat has been awarded and reserved for a sailor, it is that sailor's responsibility to notify the Program Director if he/she cannot use the boat, to allow another sailor to use it. Failure to notify the Program Director could result in exclusion from future lotteries.
- 10) Use of the boats is at your own risk. When a boat is not being used as part of an event sanctioned by BYC with BYC staff present and participating in an activity, the possible presence of any BYC staff member in the area does not constitute supervision of the sailor either on or off the water.

### ***420 and OPTI BOAT & EQUIPMENT – REGATTAS***

- 1) Boats and equipment may only be signed out for regattas approved by the BYC Flag Officers, Junior Program chairperson and Junior Program Director.
- 2) Boats are assigned via a lottery process, to be administered by the Program staff.
- 3) A new check out form must be filled out for each interval that boats and equipment are to be removed from Club grounds or docks. It is the responsibility of the barrower to return the charteredboat in original condition.

- 4) In case of damage or lost equipment, a damage report must be filled out through the Junior Sailing Program Office. The borrower will need to replace the lost items at their own expense and may be billed for hours and material to fix substantial damage.
- 5) Responsibilities of both the 420/Opti coach and the borrower (and his/her respective family/guardian) during the stated interval and at regattas are given in this Handbook.
- 6) Program participants borrowing and using Club boats and equipment are considered to be representing the Club and shall act in accordance with the guidelines stated in the Handbook.
- 7) Use of the boats is at your own risk. When a boat is not being used as part of an event sanctioned by BYC with BYC staff present and participating in an activity, the possible presence of any BYC staff member in the area does not constitute supervision of the sailor either on or off the water.
- 8) Off –Site Regattas: Parents are responsible for transportation to and from regattas for sailors and equipment. BYC staff is not authorized to drive junior sailors. Junior sailors are not permitted to drive/transport BYC boats and/or trailers it is the responsibility of parents and coaches.
- 9) Regatta registration is available online. Visit the Southern Massachusetts Sailing Association (SMSA) website at [www.southernmasssailing.com](http://www.southernmasssailing.com) for regatta links.

## **BEVERLY YACHT CLUB JUNIOR REGATTA**

**Date:** August 17 and 18, 2010

**Race Committee Chair:** The Program Director

**Sailor Eligibility:** This is an invitational regatta. All junior members must be 18 years or under and belong to a Southern Massachusetts Sailing Association (SMSA) club or those clubs which have received an invitation from BYC.

**Boat Eligibility:** 420, Laser, Laser Radial, Optimist

**Registration:** Pre-registration must be completed and submitted to the BYC office by August 1 2010. Due to the popular nature of the BJR, it is most important for those sailors wishing to participate to reserve their spot in a timely manner. There is no registration by fax.

**Borrowed Boat Assignment:** A lottery will be held to choose club owned boats for use in the Beverly Junior Regatta. Sailors in the 420-2 and 420-3 classes will have priority. Optimist sailors from Opti White will have priority, then from Red, then Orange and then Yellow. Boats will be awarded for the entire regatta. The lottery will be a blind numerical draw, conducted by the Program Director. There is no fee for a borrowed boat for the Beverly Junior Regatta. Program Director reserves the right to assign boats using her discretion.

## **REGATTA EQUIPMENT LIST**

The following Equipment List is helpful to check against when preparing for a regatta:

### **For the Boat:**

- Sails
- Spars
- Lines
- Blades
- Life jacket
- Extra sail ties
- Rule book
- Knife
- Duct tape
- Zip lock bags – large to hold race instructions
- Bailer – with a line attached
- Dolly
- Protest Flag

### **For the Sailor:**

- Hat
- Sunglasses
- Sun block
- Watch
- Gloves, regular sailing or dishwashing gloves with polar fleece liners underneath
- Shoes or hiking boots
- Spray top and pants
- Shortie wet suit
- Bathing suit
- Hiking shorts – these are an extra but for long regattas really save backsides.
- Polar fleece sweatshirt or long underwear (warm when wet)
- Water bottle
- Snacks

### **Things to check:**

- Airbags
- Bridle preventer
- Bow line – 24 feet long with a bowline at the end
- Boom Preventer
- 2 Bailors attached with bungee

*The following Regatta Agreement is necessary for regatta participation.*

## **Junior Sailing Program (JSP) Regatta Agreement 2010**

The success of our program is dependent on the positive attitude of all participants – junior sailors, instructors and especially, **parents**. Parents are expected to support instructors in their efforts as positive role models for our junior sailors. Please be courteous to instructors. Any complaints and concerns should be brought to the attention of our Program Director or a member of the Junior Committee. While traveling to other clubs, please do not forget you are representing **ALL** members of **BYC**.

As noted in the BYC JSP Handbook, “Schedule and Class Descriptions”, **parents** must transport junior sailors and equipment when traveling to events/regattas. Without parental involvement your child will not be able to attend events. All junior sailors are expected to load necessary equipment for individual events they are scheduled to sail.

**Instructors are not permitted to drive junior sailors on roads/highways. Coaches are not responsible for supervising or chaperoning sailors at regattas. They are responsible for coaching only. A parent or designated guardian with written consent must be on hand at the event in case of emergency.**

**Junior sailors not permitted to drive club owned trailers or equipment on roads/highways.**

**COMMUNICATION IS ESSENTIAL** - Parents and instructors must coordinate assignment of transportation of sailors and equipment to and from events. Please check weekly with instructors to Confirm which event(s) each sailor is scheduled to attend. Email and cell phones are the easiest tools for communicating transportation logistics.

**All regatta information is online.** Check [www.Beverlyyachtclub.org](http://www.Beverlyyachtclub.org), The google calendar and [www.smsailing.org](http://www.smsailing.org) for regatta listings and registrations including deadlines, fees, directions and phone numbers of host clubs.

Many events are mid-week, as well as, on weekends – plan your time off accordingly – look ahead – and get involved early on. Leave lots of extra travel time – expect the unexpected with kids and boats. Early registration for events eliminates late fees. No sympathy for those claiming to be unaware!

A successful season is dependent on your involvement as a **Volunteer!!**

**Rules/guidelines as stated in “BYC JSP Handbook” apply to all participants- junior sailors, instructors and parents.**

*This agreement form can be printed from the BYC website and must be signed by parents and sailors and returned to the coach prior to regatta participation.*

Parents Signature: \_\_\_\_\_

Racers Signature: \_\_\_\_\_

## ***ADDITIONAL PROGRAM ACTIVITIES***

**Auction:** This biennial event to raise money to support the Junior Program will next be held in 2011. This is a wonderful event to participate in and to attend. Donations and volunteers are greatly appreciated.

## ***JUNIOR MEMBERSHIP FOOD PRIVILEGES***

Junior Members have charging privileges for food and beverages. The BYC staff and management accept no responsibility for monitoring such privileges. **Junior member must be present when ALL food and beverage charges are being made.**

Harbor Mice –Parent must accompany the Mouse to the snack shack when ordering due to their young age.

## ***JUNIOR SAILING PERPETUAL AWARDS of 2009***

### **Barden Memorial Trophy**

### **Patrick Fearons**

This award, given in memory of Fred and Jennie Barden, is awarded to a member of the Junior Sailing Program for outstanding sportsmanship and corinthianship.

### **Brownell Memorial Trophy**

### **Parker Tonissi**

The family of Susan Brownell, a Junior Member of the Beverly Yacht Club, donated this trophy at the time of her death. It is awarded for ability, sportsmanship and general improvement over the summer.

### **Elizabeth Keyser Evans Memorial Trophy**

### **Lia Keyser**

This award, given in memory of Liza Evans, is awarded to a member of the Junior Sailing Program for a positive attitude on and off the water.

### **Nelson Hartstone Memorial Trophy**

### **Trace Smith**

This trophy is given by the Hartstone family in memory of H. Nelson Hartstone. It is awarded to a member of the Junior Program for "excellence."

### **Angier Seamanship Trophy**

### **Christina Johns**

This trophy is awarded to the winner of a "seamanship" competition held in Dyer Flyers, Lasers, and Bullseyes. The trophy was not awarded between 1969 and 1981, but was reinstated in 1982 at the suggestion of Past Commodore Richard W. Angle

**S. Willard Bridges Trophy****John Egger**

This trophy is given by the Bridges family in memory of S. Willard Bridges. It is awarded to the beginning sailor who has made an outstanding personal achievement in the Junior Sailing Program.

**Lane Trophy****Kim Bolick**

This trophy is given by the Lane family to help promote sailing skills as fostered under the BYC Junior Program.

**Myron Markel Trophy****Ali Mitchell**

The Markel family in memory of Myron Markel gives this trophy. It honors a member of the BYC Junior Program who has shown a dedication and love of sailing. This person has a willingness to learn and the drive and perseverance to achieve and master sailing skills.

**Charles A.R. Pickles Memorial Trophy****Seamus Fearons**

This trophy is awarded annually in memory of Charles A.R. Pickles to the Optimist Green Fleet Sailor who had the most fun while improving their sailing skills.

**Warburg Memorial Trophy****Lulu Russell**

Max Warburg was a member of the BYC Junior Program in 1989 and 1990. In memory of Max, his family gives this award to the member of the BYC intermediate program who best perpetuates these attributes:

Determination --which enabled him to learn well the skills of sailing;

Courage --which enabled him to try hard in the face of wind and waves;

Sensitivity--which enabled him to assist in the maximum achievement and enjoyment for all.

***JUNIOR SAILING ANNUAL AWARDS*****Instructor's Trophy****Sam Demillo**

The Junior Program Sailing Instructors give this trophy to anyone for any reason.

**Junior Sailing Program Mentor Trophy****Amy Godfrey**

The Mentor Award recognizes a person who creates or provides a significant opportunity for BYC Junior Program participants to sail or race outside of the Program's curriculum.

Mentor Award was: This award is given at the discretion of the Junior Sailing Committee to the Beverly Yacht Club member who does the most to advance the skills and enthusiasm of our future racers while welcoming young crew on his or her boat during summer series races. A new weekly racing log book will be available in the Junior Clubhouse for the juniors to report their weekly racing activities. This will help us determine the series racers who included the most junior racers.

## ***SELECTION OF JUNIOR INSTRUCTORS***

At the end of the season, several of our junior sailors are selected for Junior Instructor positions for the following year. Criteria for selection include: a positive level of participation throughout the summer, willingness to help younger sailors, less-talented sailors, and the staff, and sailing performance. A Junior must be 16 years old to be considered for the position.

A committee composed of the racing coaches, the Program Director and the Program Chair interviews any interested candidates. This will take place the first week of August. The committee then chooses the Junior Instructors from that group. It is generally a one-year position, in the hope that many of our sailors can benefit from the experience; however, some Junior Instructors who are interested in racing for the Club will continue for several years as junior instructors.

Junior Instructors receive free tuition to the Program, uniforms, and lunch from the snack bar. They are paid for each session they teach, and are expected to teach a total of five sessions per week. It is a full ten-week commitment. Junior Instructors will require a Safe Boating Certificate, and are also required to have a Level I Certificate. We understand that Junior Instructors have other athletic and academic commitments and in an effort to accommodate as many sailors as possible, the Program Director will allow a Junior Instructor one week off during the season as long as the Junior Instructor notifies the Program Director in a timely manner.

## ***BYC JUNIOR OFFICERS***

The Junior Officers are chosen by the Program Director, Sailing Instructors, and Junior Committee at the end of each summer to serve the following year.

To be considered for Commodore, Vice Commodore, and Rear Commodore a candidate needs to be 13 years old by the following summer.

The duties of the Junior Officers include participation in Flag Raising, Decommissioning, running the "Take it to the Max Dance", and acting as ambassadors or hosts during junior events such as the Junior Regatta.

## ***THE JUNIOR SAILING COMMITTEE***

The fundamental oversight of the program is the responsibility of Junior Sailing Committee, of which at least two members will not currently be parents of instructors or students enrolled in the Program. Furthermore any parent of a child currently before the board for any reason, be it employment, awards or a disciplinary action, shall excuse himself from the discussion. In addition, experienced professional leadership will be sought out to fill the position of Program Director. No program can thrive without the

continued committed help and involvement of parents. The Junior Sailing Committee is deliberately a large one, providing a broad cross-section of perspectives and opinions on policies and plans. The Committee will meet monthly throughout the year. All interested members are invited to attend the Junior Sailing Committee meetings. Please contact the Committee Chair for the meeting times and locations.

**Committee Chair:** Stefano Pacini  
**Program Director:** Becca Thomas

**Committee Members:**

Sarah Mitchell  
Chris Memoli  
Amy Godfrey  
Stefano Pacini  
Jon Pope  
Hew Russell  
George Tougas

The Junior Committee thanks ex officio Junior Sailing Committee participant, Ray Cullum, BYC Rear Commodore, for all his guidance and support.